

Speech & Language Delays

PRESENTED BY:

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ABOUT ME



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Owner of Start Pediatric Speech Therapy, LLC

Giselle C. Aquino, M.S., CCC-SLP is an ASHA certified bilingual (English/Spanish) pediatric speech-language pathologist. I have over 5 years of experience working in public and charter schools, daycares, outpatient rehab centers in the hospitals, and private practices.

Owner of Start Pediatric Speech Therapy, LLC which is a small private practice providing speech and/or language evaluation and therapy to children at home, schools, or via teletherapy in English and/or Spanish.



Objective

- **WHAT IS SPEECH AND LANGUAGE?**
- **SPEECH AND LANGUAGE DEVELOPMENT IN CHILDREN**
- **WHAT IS SPEECH AND LANGUAGE DELAY?**
- **SIGNS OF SPEECH AND LANGUAGE DELAYS IN CHILDREN**
- **HOW SPEECH AND LANGUAGE DELAYS MAY IMPACT A CHILD'S COMMUNICATION SKILLS.**
- **HOW TO BUILD SPEECH AND LANGUAGE SKILLS AT HOME?**
- **RECOMMENDED TOYS, BOOKS, & HOME ITEMS TO USE TO BUILD SPEECH AND LANGUAGE SKILLS.**
- **WHO TO CONTACT/REACH OUT TO ABOUT YOUR CONCERNS?**
- **RESOURCES**
- **QUESTIONS & ANSWERS ???**



What is Speech & Language?

What is Speech ?

Speech is how we say sounds and words when we are speaking.

Speech includes:

- Articulation
- Voice
- Fluency



What is Speech & Language?

What is Language?

Language are words we use to communicate and how we use them to share ideas and get what we want. It is spoken language and how we understand what others are saying.



Language includes:

- What words mean.
- How to make new words.
- How to put words together.
- How to follow directions
- How to get along well with others

Speech & Language Development in children

Children develop at their own rate. The following charts are used as guidelines. It tells you when **most** children will reach each milestone. If a child speaks a different language, their developmental milestone may be different. Missing one skill in the age range does not mean they have a problem.

Speech Development in children who speak English

English

Developmental Articulation Norms -
AGES

4	5	7	7.5	8.5
m	k	v	r	z
h	g		l	
n	d	-ing	s	th (the)
w	f		ch	th(with)
b	y		sh	
p	t		j	
			/r/ blends	
			/s/ blends	
			/l/ blends	

Speech Development in children who speak Spanish



Spanish

Developmental Articulation Norms -
AGES

3	4	5	6	7
m	k	d	x	<u>rr</u>
b	l	g	s	
p	w	ñ		
	f	r		
	y	<u>ch</u>		
	t			
	n			

Language Development in children

Early Language Milestones

Language Milestones	English	Spanish
using gestures	9-12mo	9-12 mo
following simple commands	12-15mo	12-15mo
symbolic play	18mo	18mo
episodic play	36mo	36mo
recognizes familiar objects when named	7-12mo	7-12mo



Language Development in children

Toddler Language Skills



Language Milestones	English	Spanish
combine 2 words	1-2yrs	1-2yrs
point to named items in book/picture	1-2yrs	1-2yrs
combine 2-3 words	2-3yr	2-3yr
follow 2-step directive	2-3yr	2-3 yr
present progressive verb form	2-3yr	2-3yr
plural use	2-3yr	2-3yr

Language Development in children

Preschool Language Skills

Language Milestones	English	Spanish
possessives	3-4yr	3-4yr
negatives	3-4 yr	3-4 yr
answer simple WH?s	3-4yr	3-4yr
combine 4+ words	3-4yr	3-4yr
tells story related to topic	4-5yr	4-5yr
use of adjective and descriptors in sentences	4-5yr	4-5yr

Language Development in children who speak Spanish

School-Age Language Skills

Language Milestones	English	Spanish
tell and re-tell stories in a logical order using complete sentences	6-7yr	6-7yr
uses more complex sentence structures	7-8yr	7-8yr
when not understood can re-clarify and explain their ideas	7-8yr	7-8yr

What is speech and language delay ?

- ▶ A speech and language delay is when a child's speech and language skills are delayed and not developing at an expected rate when compared to children of their same age and gender.
- ▶ Children can have difficulty developing speech, language, or both.
- ▶ Having trouble understanding what others say is called a **receptive language** delay.
- ▶ Having problems sharing their thoughts, ideas, and feelings is called a **expressive language** delay.
- ▶ When a child is having trouble saying sounds when they speak; they may have a **speech** delay.

Signs of Speech and Language Delays in Children

SPEECH DELAY

**Not producing
sounds or words
correctly for their
age.**

SPEECH DELAY EXAMPLES

**Substituting
sounds
Omitting sounds**

EXPRESSIVE LANGUAGE

**Saying fewer
words or
sentences to
communicate for
their age.**

RECEPTIVE LANGUAGE

**Difficulty following
simple directions.
Doesn't ask
questions.**

SOCIAL LANGUAGE

**playing with others
appropriately for
their age.**

How does a speech and language delay impact my child at home, school or in the community?

Home

- Difficulty expressing wants and needs
- Completing simple task at home or following directions.
- Getting along well with parents or sibling



School

- Difficulty with reading
- Difficulty understanding classwork or homework
- Getting along well with other teachers or students
- Difficulty asking for help when needed.
- Following directions

Community

- Difficulty understanding signs in the community
- Difficulty participating in community events.
- Getting along well with others in the community
- Expressing their wants and needs.

What causes Speech and Language Delays?

POSSIBLE CAUSES OF SPEECH AND LANGUAGE DELAYS

- ▶ Medical diagnosis, hearing difficulties, trauma, chronic ear infections, oral-motor difficulties, prematurity, cognitive delays, and late talkers.
- ▶ Delays can also be caused by neglect, abuse, or an event or circumstance that was really disruptive to development. These are atypical scenarios.
- ▶ Children may slow to begin to talk, without any of the causes to explain why.
- ▶ Gender: Boys are at higher risk than girls.
- ▶ Motor Development: Children with delayed motor development.
- ▶ Family History: Parents or siblings with a history of speech and language impairments.

Where to get help if you have concerns?

- ▶ Pediatrician
- ▶ Teachers
- ▶ ESE department at the school
- ▶ Palm Beach County Early Intervention programs
- ▶ Speech-language pathologist

What is a speech-language pathologist?

- ▶ According to ASHA, a speech-language pathologists (SLPs) work to prevent, assess, diagnose, and treat speech, language, social communication, cognitive-communication, and swallowing disorders in children and adults.
- ▶ Speech-Language pathologist or also known as speech therapist, conduct evaluations to determine if your child has a delay, disorder, or difference.
- ▶ They develop individualized goals and provide evidence based treatment to build the skills your child needs to communicate effectively.

Tips to build speech and language skills at home

Younger Children

- Talk with your child a lot.
- Read different types of books. Read every day, and talk with your child about the stories and pictures.
- Help your child learn sound patterns of words. You can play rhyming games and point out letters as you read.
- Talk with your child about what you do during the day. Give them directions to follow.
- Talk about how things are the same and different.
- Play games and talk about what you are doing.

Older children

- Keep your child reading. Find books and magazines that interest your child.
- Ask your child what they think about what they hear or read. Connect what they read to events in their life.
- Talk out loud as you help your child read about and solve problems.
- Help your child recognize spelling patterns. For example, point out the beginnings and endings of words.
- Work together doing home activities and talk about what you are doing.

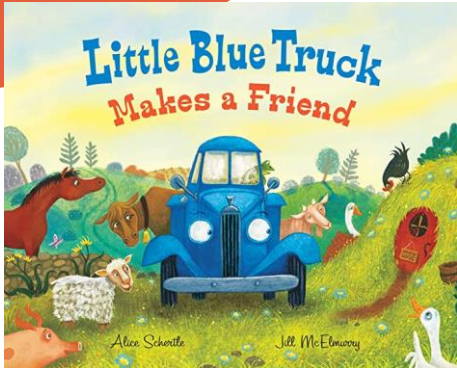


Recommended toys, books, & home items to build speech and language skills

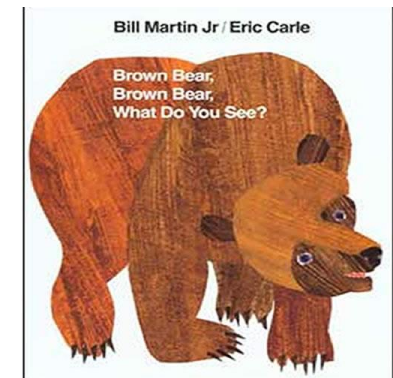
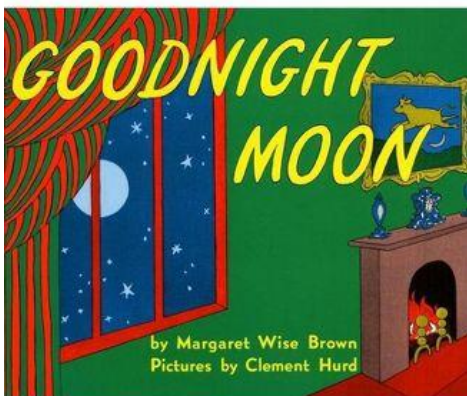
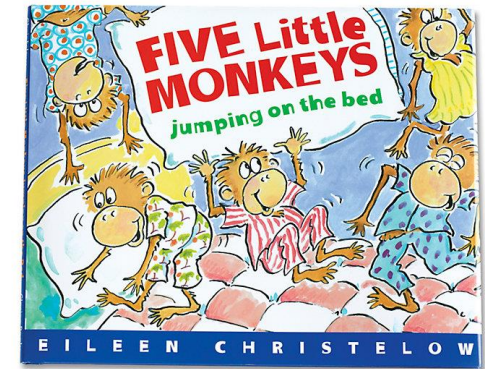
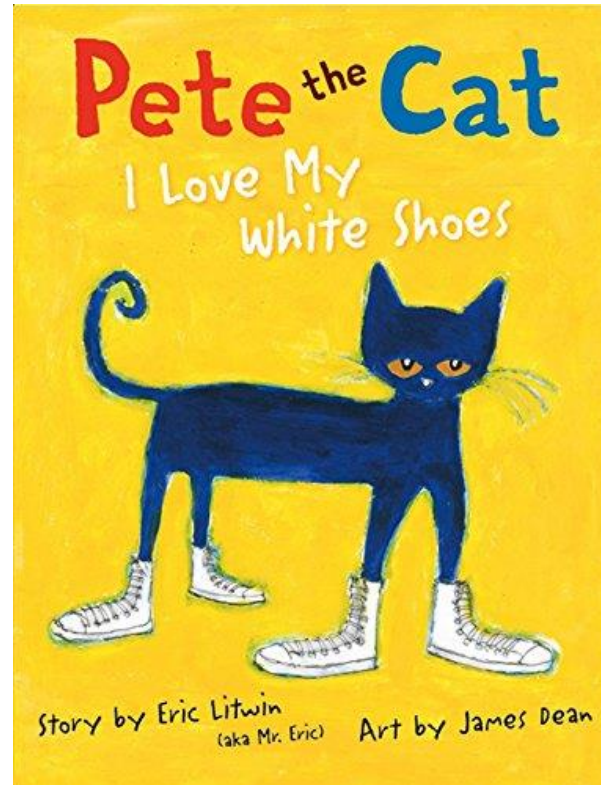
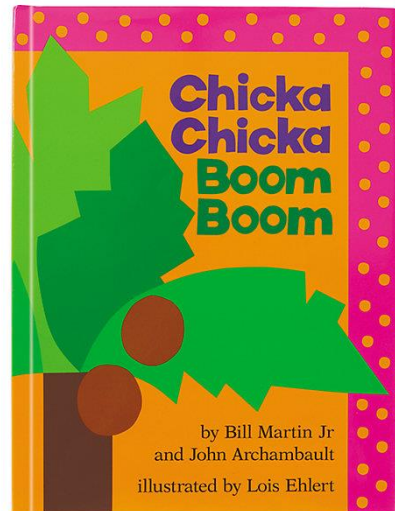
TOYS



Recommended toys, books, & home items to build speech and language skills



BOOKS



HOME ITEMS

[illegible]

Resources

Name	Phone Number	Website
Start Pediatric Speech Therapy, LLC	561-385-1430	www.spspeechtherapy.com
Early Steps/Child Find	(561) 881-2822	https://www.floridahealth.gov/programs-and-services/childrens-health/early-steps/index.html
Palm Beach School District	(561) 434-8000	https://www.palmbeachschools.org/students_parents/ese
City of Greenacres Library	(561) 641-9100	http://events.pbclibrary.org/events-and-classes/children?field_activity_style_value=All&populate=&field_date_time_value_1%5Bmin%5D%5Bdate%5D=&field_date_time_value_1%5Bmax%5D%5Bdate%5D=&location%5B%5D=6&field_series_value=All&items_per_page=50
ASHA		www.asha.org
Bilingustics		https://bilinguistics.com/austin-speech-therapy/



ASHA
American
Speech-Language-Hearing
Association



THANK YOU



**If you have any questions or concerns,
please contact me at 561-385-1430.**

www.spspeechtherapy.com

